# EBOO | FULL SPECTRUM

# AN INTELLIGENT OZONE BLOOD THERAPY





EBOO has long been known as an intelligent ozone therapy that removes blood from the body and runs it through a filter, in a closed-circuit system. Via the filtering mechanism, a mixture of oxygen and ozone is pumped in a cross-current fashion. Then the treated blood is returned to the body.

EBOO hits the “sweet spot” with MAH where it is done at a low concentration but high dose. While not a new therapy, it also hasn’t been available to the masses until recently. It is still a specialized therapy but is available in multiple states and countries at an affordable cost.

Extracorporeal means blood is “outside the body”, however, this is a closed system that preserves sterility and allows for a larger volume of blood (approx. 2 Liters) to be treated at once vs some of the other types of ozone IV therapy. Many call this an ozone or O3 dialysis treatment because it visually resembles the hemodialysis process as well as using a true dialysis filter. However, the filter device is used in a very different way for EBOO vs hemodialysis. Also, the solution designed to help “clean” the blood in dialysis (in a person with non-functioning kidneys) is not used in the EBOO procedure. Therefore, it is not a true dialysis procedure at all.

Instead, the filter is used as a mechanism for diffusing ozone and oxygen to a large surface area of blood. This, done at low concentrations, is giving great results to patients getting EBOO, even when they have possibly had lots of other ozone IV therapies prior.

There are many public claims that the “filter” is actually removing particles from the blood such as heavy metals, microplastics, parasites, and more. While there is no formal studies to prove this, there is a “collection cup” as part of the procedure that does collect cellular bi-product. The contents and color of the collection cup vary widely between patients and individual treatments, even on the same patient. This leaves room for speculation as to what may be removed from a patient in a particular EBOO session. However, nothing conclusive or consistent has been proven. More tests are underway but due to the nature of laboratory testing, it is difficult to test for something in abstract fluid vs blood, urine, or saliva. We look forward to future data on the subject. For now, we are focused on how you, as the patient, respond to

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treatment and what your laboratory work may show over time, after good EBOO Full Spectrum treatments.
The EBOO Full Spectrum adds yet another advantage; it offers UBI therapy with it. Combined, practitioners see less Herxheimer responses generally associated with many other high-dose ozone therapies, as well as increased benefits beyond ozone alone. There is a proven synergy between ozone and UBI, which the EBOO Full Spectrum takes full advantage of, thus bringing you the most comprehensive EBOO treatment available.

Titration may be necessary for practical purposes.
The experienced EBOO practitioners will likely create a treatment plan specific to a person's unique circumstances. This means some patients can start EBOO right away and some may need to gradually advance through a dosing process where they may start with lower (even non-EBOO IV) doses then work into the higher doses that EBOO offers. This may mean that you will be recommended to repeat the therapy more than once. It is ALWAYS an option to receive the therapy as a preventative and wellness treatment as you feel necessary or as you desire.

This procedure should take approximately one hour to complete. Your practitioner may choose to shorten or lengthen the procedure based on specific patient needs. It is required to have dual vein access, so you will have one vein accessed to remove the blood and another to reinfuse the blood after it is treated – again, this is a closed-loop system so all of this is happening simultaneously. Unfortunately, if you do not have healthy veinous access, this treatment may not be an option for you.

Prior to the treatment, it is crucial that you eat a healthy meal with protein and nutritious fats as ozone and UBI are known to affect blood sugar. Also, you will feel eminently better if you are well hydrated before your treatment – this also allows your veins to be more accessible, helping to ensure a successful treatment.

Post the EBOO Full Spectrum therapy, you are not restricted in your normal activity. There are a variety of acute responses noted. Some feel an immediate sense of well-being, mental clarity, less pain, more energy, and an improvement in symptoms. While others may feel lethargic, achy, fatigued, or just relaxed. There is also a third group of patients who feel nothing in direct response to the EBOO therapy initially or with only one treatment. All of these are "normal" and you may feel all of these responses at different times throughout your treatment plan or as you receive multiple treatments. The goal with ozone and UBI therapy is always the collective benefit; over time the modalities support regular and necessary cellular functions that then rebuild systems, tissues, and organs for an overall anti-aging or health approach. You are never too sick, too well, too young, or too old, to benefit from ozone and UBI.

**If you do experience fatigue, achiness and "down" feelings post EBOO there are some things you can do.**

- Make sure to stay up on your clean eating and rest. If you feel more inclined to rest, please try to do so, as rest is where we are in our most reparative state.
- Take your vitamins and supplements as instructed There are some that your provider will recommend that specifically support ozone and UBI.
- Stay in motion – once you feel rested, make sure to move, even if it is just a walk. This will help circulation and lymphatic movement.
- Typical detox options such as drinking water, sauna, red light therapy, colonics, ginger baths, enemas, lymphatic massage, etc. Your provider may have some of these available in their office.

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There is also one last component to an EBOO Full Spectrum treatment you should know about. A very common question in regard to IV therapy is how or if it should be combined with other IV treatments such as Meyers Cocktails, Vitamin C, Glutathione, NAD, Methylene Blue and so forth. Most likely your provider has those options available and can direct you further, but the short of the story is YES! These other IVs can definitely support your body at any time but do also provide further synergistic value when paired with ozone and UBI. Critical nutritional components like B Vitamins and minerals such as zinc and magnesium complete the cell cycles that ozone and UBI are also targeting. Then there are "add-on" IVs like NAD and Methylene Blue that provide unique support in other ways. All in all, these other IVs, other modalities, good food and rest, and movement will all maximize the benefit you will see with EBOO. Your practitioner will help make a full treatment plan for you.